

Kempsey East Public School

Achieving success in a nurturing environment

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Issue 16 – Term 4 – Week 2 – Tuesday 22 October 2019

COMING EVENTS FOR TERM 4

Thursday 31 October	K-2 Fun Run 12.30pm
Tuesday 12 November	Kinder Orientation 1.45pm P&C Meeting 2pm
Tuesday 19 November	Kinder Orientation & Parent Info Session 1.45pm
Tuesday 26 November	Kinder Orientation 1.45pm
Monday 2 December	Assembly of Excellence 2.15pm
Tuesday 3 December	Captains & Ministers Speeches Kinder Orientation 1.45pm
Thursday 5 December	Concert Night 5pm
Monday 9 December	Presentation Day 10am
Monday 16 December	Year 6 Farewell
Wednesday 18 December	Last Day for Students (calendar items are subject to change)

IMPORTANT NOTICES

Wednesday Primary Swimming

Can primary students please remember to bring their swimming gear tomorrow, Wednesday 23 October. We will not be making phone calls for students who have forgotten their gear, they will stay at school for sport. The following roster outlines which class is having school based sport each week:

23 October	Mrs Cassidy's class school sport
30 October	Mr Kelly's class school sport
6 November	Mr Clough's class school sport
13 November	Mrs Scott's class school sport
20 November	Mrs Pickett's class school sport
27 November	All primary classes attend swimming

Year 6 Farewell

Students in years 5 & 6 are reminded to bring in their notes and payment for the year 6 farewell.

Assembly Roster

Fortnightly Assembly from Term 3

We will again be having fortnightly assemblies on a Monday afternoon at 2.45pm. Infants (Kinder to Year 2) will have their assemblies on odd weeks and Primary (Year 3 to Year 6) will have their assemblies on even weeks.

Afternoon Tea & Assembly Item – 2.15pm to 2.45pm

We will again be holding our weekly class afternoon tea where parents/carers will have the opportunity to go into their child's classroom. On the week your child's class is doing the afternoon tea and assembly item you will go to your child's classroom at 2.15pm, you will be able to review your child's work towards their learning goals.

Your child's class will also be presenting an item at assembly. The roster for term 4 is below but can be subject to change.

Week	Assembly Date	Afternoon Tea / Item
3	28 October	Mrs Ashton
4	4 November	Primary Assembly
5	11 November	Mrs Etheridge
6	18 November	Primary Assembly
7	25 November	Infants Assembly
8	2 December, 2.15pm	Assembly of Excellence
9	9 December, 10am	Presentation Day
10	16 December	No Assembly



Parents and carers of students in Kinder to year 2 are invited to watch our 'K-2 Fun Run' at school on **Thursday 31 October** from 12.30pm (students in year 2 who turn 8 this year will be participating as "course supervisors").

We will be holding the obstacle course of Playground 1.

When: Thursday 31 October

Time: 12.30pm

We hope you can join us.



Principals News

Waterwise School

Our school has been re accredited as a Water Wise school. Kempsey Shire Council and Water Wise staff attended our student assembly on Monday to congratulate our students and staff. All classes have been involved in water conservation lessons and our stage 3 students also conducted a water audit across the school. In the audit they identified areas that the school could conserve water. Our Investigators artwork recently won first prize at the climate change event run by Melville High School. I would like to congratulate Mrs Etheridge and all of our students.

World Teacher's Day

Every day, Kempsey East teachers are making a positive difference- creating opportunities for our students, empowering minds, encouraging innovation and creativity, while creating and supporting all of our students at school. World Teacher's Day is being celebrated in Australia on Friday 25th October. This day is a great opportunity for everyone to recognise, acknowledge and appreciate our teachers and the important role they play in shaping the cognitive, physical, social and emotional development of our students.

I would like to thank the hard working and dedicated staff and thank them for being a dynamic, cohesive team that are committed to making a positive difference for the educational outcomes and wellbeing of all of our students.

2020

Could you please let myself or the office know if your child will not be attending Kempsey East Public School in 2020. We are in the beginning stages of forming classes for 2020 and need accurate numbers to ensure that these classes can start the first day back at school. The school staff are also busy planning our new whole school project and though we won't have a red carpet to welcome the students in 2020, we will have other exciting experiences to ignite their excitement to be back at school.

Parent Line

Have you heard about Parent Line? Parent Line is funded by the NSW Government and offers a telephone counselling, information and referral service for parents of children aged between 0 and 18.



Absences

As a school we pride ourselves on having an attendance rate that is above similar schools and the state. Having regular attendance is important for each student's cognitive and social development at school. On the last day of last term we noticed that there was a large number of students away. Our teachers have learning experiences planned for each day of the term and I would encourage all families to discuss with their children the importance of coming to school each day.

Voluntary Contributions 2019

I would like to thank all of the families that have contributed to the school this year. These funds help our school to continue to provide engaging experiences for all of our students. We would ask families that are wishing to pay these fees this term if these could be made in the next few weeks – \$49 for individual students or \$90 for families.

P and C Meeting

The next P and C meeting will be held on Tuesday 12 November from 2pm.

Penny Chow
Relieving Principal

Proud to be a
**Waterwise
School**



On Monday we kicked off National Water Week with a special assembly in celebration of our Waterwise Schools re-accreditation.

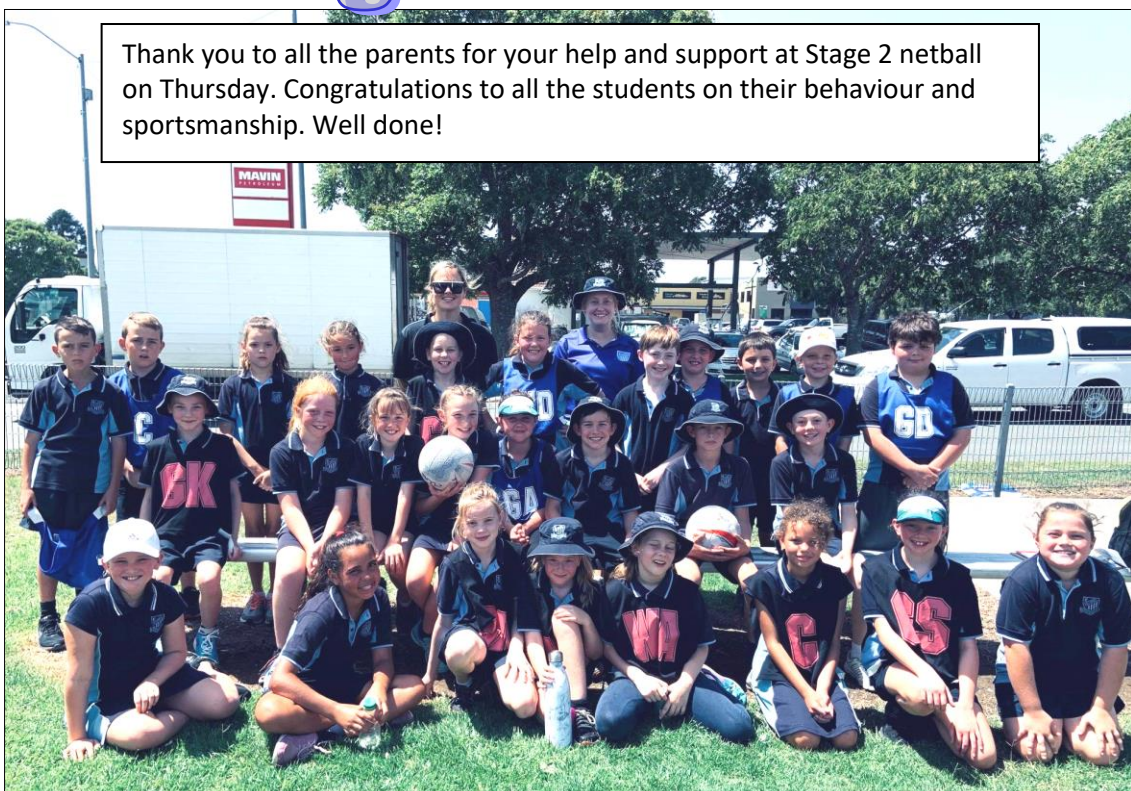
We welcomed Kempsey Shire Council and Cascade Environmental Education Centre who presented our school with our Waterwise certification and gave every student a Waterwise drink bottle.



Stage 2 Netball



Thank you to all the parents for your help and support at Stage 2 netball on Thursday. Congratulations to all the students on their behaviour and sportsmanship. Well done!





1300 1300 52
Weekdays 9am to 9pm
Weekends 4pm to 9pm

What is Parent Line?

Parent Line is a telephone help line for parents and carers of children aged 0-18 years in the state of NSW, Australia. We provide support, information, referral and counselling.

How to contact us

Call us on 1300 1300 52. Our service is free to use.

Who can call?

Anyone who is raising a child or who has questions about parenting. We take calls from parents and carers, step-parents, grandparents, aunts, uncles and extended family. We also provide information to professionals and other services.

What can I talk about?

You can talk about almost anything related to parenting or raising a child. We can help with behaviour management, family relationships, children's development and much more. We can't give medical or legal advice. Our counsellors will assist you to access any services or information that may be of use to your family situation.

We strongly believe in the power of positive and healthy relationships between parents and carers.

Is it confidential?

All calls are confidential and private, unless we have concerns about your safety or someone else's safety. If we have concerns about a child's safety we may make a report to the Department of Community Services. If we have concerns about your safety we may call the police or an ambulance. The counsellor will discuss this with you first whenever possible.

We ask all callers for basic statistical information including a postcode or suburb, and how you heard about our service. The counsellor will also ask you questions about your situation to make sure they are able to give you relevant advice.

What happens to my information?

We don't ask for or keep any identifying information, case notes or client files unless there is a risk of harm to you or someone that you talk to us about, including a child.

We keep statistics on all calls, including caller location, call times, your cultural or ethnic background, the age of any children you talk to us about, general topics that are discussed in the call, how you heard about us and what information or service we provide during the call.



*Royal Far West, in partnership with the
Mid North Coast Local Health District, with support from the
Mary Alice Foundation, brings you the*

HEALTHY KIDS BUS STOP KEMPSEY

Monday 28 October - Tuesday 29 October 2019

What is the Healthy Kids Bus Stop?

The Healthy Kids Bus Stop is a **FREE** child health check and pathway to care program for children aged 3-5 years old. The program includes:

- A comprehensive child health check
- Hearing check
- Oral Health
- Vision
- Fine & gross motor skill assessment
- Speech assessment
- Food and Nutritional assessment

How do I book my child in?

Expressions of interest are essential. Please ask your local preschool or school for a form or fill in the online form by Googling "Healthy Kids Bus Stop" or call Royal Far West on **0408 555 249**. As this is a comprehensive health check please allow up to 2.5 hours for appointments.

Please submit registration form by Friday 18 October 2019.

Why are health checks important?

Regular health checks keep kids healthy. Health checks will identify lifestyle, development or illness-related issues and will help your child be healthy and fit and ready to learn when they start school.

Where will it be held?

Kempsey Showground
19 Sea St.
Kempsey West, NSW, 2440

What do I need to bring?

- Your child's Blue Book
- Your child's hat
- Your child's drink bottle
- Snacks for your child

NSW Health
Mid North Coast Local Health District

Royal Far West
Children's health countrywide

Ronald McDonald Care Mobile®

Dear parent or carer,

Go4Fun is a healthy lifestyle program for children aged 7 to 13 years, who are above a healthy weight. Best of all it's **absolutely FREE!**

WHEN DOES GO4FUN RUN? Go4Fun runs for 10 weeks after school during the school term, and children attend a fun filled 2-hour session each week with their parent.

WHAT DO WE DO AT GO4FUN? Every week children play fun and interactive games and activities to get their heart rates up and enjoying being active. You and your child learn about healthy eating, setting goals, portion sizes, label reading and more. The child receives up to 3 attendance prizes, and parents a \$20 fresh fruit and vegie voucher each session they attend. School-aged siblings welcome.

Registration for Term 4, 2019 is open with limited places in the **FREE, FUN** Kempsey Go4Fun which runs Wednesday afternoons from 3.30 - 5.30pm at Kempsey McElhone Pool, starting 16 October 2019.

Register NOW at Free call 1800 780 900 or at www.go4fun.com.au

Go4FUN
HEALTHY ACTIVE HAPPY KIDS

NSW GOVERNMENT

Thinking about Music Lessons?

Individual and Group Guitar lessons, Piano lessons, Singing lessons, Keyboard lessons, Bass lessons, Blues Guitar lessons, Drum lessons, Blues Harmonica lessons and Musical Theatre Vocal lessons with Kempsey Music Studios - including specialist Blues Guitar tuition for advanced guitarists and individual Piano, Guitar and Singing lessons for mature age students. Fees are \$25 per week for individual or group (3 students) lessons.

Also available are Parent And Child lessons, which means both students learn for one tuition fee.

Central Kempsey air-con, ground floor location with no stairs and with parking at the door.

Phone 65672157 - Music Lessons run 2PM to 7.30PM weekdays and 8AM to 2.30PM Saturdays.

email kempseymusicstudios@gmx.com
More detailed information is available from our website www.kempseymusicstudios.com For some pics of our students check out our Facebook page.

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